



## Rosehill Montessori School

### STUDENT ACTIVITIES — at Home

#### **Bread Paintings**

Here's an activity that is not only fun to do but good to eat. Bread paintings can transform any everyday sandwich into a work of art using materials found in almost any kitchen.

#### **Materials:**

- 2 slices of white bread for each player
- Assorted food colorings
- 2 quarts of milk
- A paper cup for each player
- A new paint brush for each player or a supply of cotton-tipped swabs
- Toaster

#### **Time:**

30 to 40 minutes

#### **Directions:**

1. Have the players form groups of five or six. Supply each group with five or six paper cups filled with small amounts of milk. Add a little food coloring to each cup of milk. Give each player two slices of bread.
2. Players should use new brushes or cotton-tipped swabs to apply the milk-paint. To keep colors bright, tell players to keep brushes separate and not mix colors.
3. This is a good project to experiment with different painting styles. Try scribbling a design with one color, then fill in the spaces with other colors and patterns. Brush stripes in one direction with one color, then brush stripes of another color at right angles to create a plaid pattern. Draw pictures of stars and rainbows or just cover the bread with multicolored dots. Be careful not to get bread too soaked with milk.
4. Dry the bread painting in a toaster set for light toast. When everyone has finished making edible art, other transformations will happen with each bite.